

CONTENT FOR EACH PROGRAM

The Gentle Path to Holiness: An Immersion in Saint Francis de Sales Spirituality

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Are you seeking a path to deeper spiritual growth that fits seamlessly into the rhythm of your daily life? Do you long for a spirituality that is both profound and profoundly practical, gentle yet transformative?

This three-week intensive course, "The Gentle Path to Holiness: An Immersion in Saint Francis de Sales' Spirituality," offers a unique opportunity to discover and integrate the timeless wisdom of one of Christianity's most beloved spiritual masters. Designed for anyone seeking a more joyful, virtuous, and God-centered existence, this program challenges the notion that holiness is reserved only for a select few.

Inspired by Saint Francis de Sales' seminal work, *An Introduction to the Devout Life*, this course invites you to embark on a journey of accessible spirituality. Through engaging sessions, guided reflections, and practical exercises, you will learn how to cultivate a devout spirit not by withdrawing from the world, but by transforming your ordinary duties, relationships, and moments into pathways to God.

GOALS AND OBJECTIVE

To introduce participants to the accessible and practical spirituality of Saint Francis de Sales, enabling them to integrate its principles into their daily lives for deeper union with God and a more joyful, virtuous existence.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint Francis de Sales**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay faithful interested in Salesian spirituality and mission (e.g., Salesian Cooperators, Past Pupils, Don Bosco Volunteers, parents, educators, youth workers), Salesian religious who wish to deepen their understanding of lay collaboration, and anyone interested in a practical and joyful spirituality for daily life.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

The Universal Call to Holiness: Discovering that a life of deep devotion is attainable for everyone, regardless of their state in life.

The Power of the "Little Virtues": Learning how everyday acts of gentleness, humility, patience, and optimism can lead to profound spiritual growth.

The Sweetness of God's Love: Cultivating a relationship with God marked by delight, affection, and profound trust.

Devout Living in the World: Balancing professional, family, and social responsibilities with a vibrant interior life.

Practical Prayer and Discernment: Embracing simple, heartfelt methods of prayer and seeking God's will with a gentle spirit.

Don Bosco: Life, Legacy, and the Birth of the Salesian Charism

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Journey into the remarkable life of a saint who revolutionized education and youth ministry, leaving an indelible mark on millions across the globe.

This intensive three-week course, "Don Bosco: Life, Legacy, and the Birth of the Salesian Charism," offers an intensive dive into the compelling story of Saint John Bosco – from his humble beginnings in 19th-century Piedmont to the founding of a worldwide educational and spiritual Congregation and movement. Through historical exploration, biographical insights, and an examination of his foundational principles, participants will gain a comprehensive understanding of the saint, his mission, and the enduring charism that continues to shape lives today.

GOALS AND OBJECTIVE

To provide participants with a thorough understanding of the historical context, key events, and pivotal relationships that shaped Don Bosco's life, his educational and pastoral methodology, and the enduring legacy of the Salesian Family.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay faithful interested in Salesian spirituality and mission (e.g., Salesian Cooperators, Past Pupils, Don Bosco Volunteers, parents, educators, youth workers), Salesian religious who wish to deepen their understanding of lay collaboration, and anyone interested in a practical and joyful spirituality for daily life.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

The Formative Years: Discover the challenging yet providential childhood and youth of John Bosco, and how his early experiences ignited his passion for marginalized young people.

The Birth of the Oratory: Trace the dynamic and often challenging origins of Don Bosco's groundbreaking work in Turin, which became a "home, school, church, and playground" for thousands.

The Preventive System: Delve into Don Bosco's revolutionary educational philosophy of Reason, Religion, and Loving-Kindness, understanding how this gentle yet firm approach fosters holistic development.

From Vision to Congregation: Learn about the formal establishment of the Salesian Society (SDB) and the Daughters of Mary Help of Christians (FMA), and the key collaborators who helped expand Don Bosco's dream.

Global Legacy: Examine the worldwide spread of the Salesian Family, its adaptation to diverse cultures, and the ongoing relevance of Don Bosco's charism in contemporary education and youth ministry.

Don Bosco and the Salesian Charism: Unpacking a Prophetic Vision for Youth

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Have you ever wondered what makes the Salesian approach to youth so unique and enduring? Are you eager to delve into the heart of a spiritual tradition that has transformed millions of lives worldwide?

"Don Bosco and the Salesian Charism: Unpacking a Prophetic Vision for Youth" offers an in-depth exploration of the Salesian charism as it sprang forth from the extraordinary life and work of Saint John Bosco. This course invites you to journey from Don Bosco's humble beginnings to his monumental achievements, uncovering the theological, pedagogical, and spiritual dimensions of his unique gift to the Church. You will discover the enduring relevance of his vision for young people in today's complex world.

Through engaging discussions, key texts, and reflection, you will not only understand the Salesian charism but also discern its profound inspiration for your own life and work.

GOALS AND OBJECTIVE

To provide participants with an in-depth understanding of the Salesian charism as it originated in Don Bosco's life and work, exploring its theological, pedagogical, and spiritual dimensions, and its enduring relevance for today's world.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay Salesian Family Members: Explore your connection to Don Bosco's mission, including **Salesian Cooperators, Don Bosco Volunteers, Past Pupils, and other associated groups.**

Youth Ministers, Catechists, and Educators: Gain insights into a proven pedagogical and pastoral approach for working with young people.

Pastoral Workers and Volunteers: Enhance your ministry by learning from a rich spiritual and educational tradition.

Parents and Grandparents: Discover principles for raising children in a spirit of love, reason, and faith, inspired by Don Bosco's family spirit.

Theologians, Researchers, and Students of Church History: Examine a significant charism and its impact on modern Catholicism and education.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

The Incubation of the Charism: Don Bosco's Early Life and Foundational Experiences: Define "charism" in a theological context and trace how Don Bosco's personal journey, providential encounters, and response to the pressing needs of 19th-century Turin forged the initial elements of the Salesian charism, culminating in the foundational "spirit of the Oratory."

The Articulation of the Charism: The Preventive System and Early Foundations: Deepen your understanding of the Salesian charism through its most explicit expression: the **Preventive System**. You'll master its three pillars—**Reason, Religion, and Loving-Kindness (Amorevolezza)**—and explore their theological and pedagogical underpinnings, as well as the initial institutionalization of this charism in the Salesian Society (SDB).

The Living Charism: Global Reach and Contemporary Relevance: Understand the enduring and adaptable nature of the Salesian charism as it has expanded globally. You'll analyze how it continues to respond to evolving challenges faced by young people in the 21st century and reflect on your personal connection to, and potential for living out, this prophetic vision.

Living Don Bosco's Dream: Sharing the Salesian Charism in Lay Life

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Do you feel a call to bring more joy, purpose, and compassionate leadership to your daily life? Are you inspired by Don Bosco's mission and eager to extend his work for young people and the poor in the modern world?

"Living Don Bosco's Dream" is an empowering course designed for lay faithful who wish to understand, embrace, and effectively share the vibrant **Salesian charism**. This program delves into the heart of Don Bosco's vision, particularly the spirit of the **Preventive System (Reason, Religion/Values, Loving-Kindness)**, and shows you how to integrate it into your families, workplaces, communities, and specific apostolates.

Discover how this practical and joyful spirituality can animate your everyday actions, making you a vital part of Don Bosco's enduring mission to transform lives, right where you are.

GOALS AND OBJECTIVE

To enable participants to understand, embrace, and effectively share the Salesian charism – particularly the spirit of the Preventive System – within their families, workplaces, communities, and specific apostolates, thus extending Don Bosco's mission to young people and the poor in the secular world.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay faithful interested in Salesian spirituality and mission (e.g., Salesian Cooperators, Past Pupils, Don Bosco Volunteers, parents, educators, youth workers), Salesian religious who wish to deepen their understanding of lay collaboration, and anyone interested in a practical and joyful spirituality for daily life.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

Discovering the Roots: The Charism's Universal Appeal: Understand the Salesian charism as a gift for the entire Church, rooted in Don Bosco's experiences and the pivotal role of lay figures like **Mamma Margaret**. Appreciate how the "Oratory environment" (home, school, church, playground) provides a blueprint for fostering a joyful and welcoming spirit in all aspects of lay life.

Living the Charism: Practical Applications for Lay Life: Learn concrete ways to embody the Salesian spirit and the **Preventive System** in your daily reality. Explore how **Reason, Religion, and Loving-Kindness** can transform your family interactions, professional relationships, and community engagement. You'll also discover the unique vocations of various lay Salesian groups.

Sharing the Charism: Witness, Service, and Global Impact: Be empowered to actively share the Salesian charism through your personal witness and concrete service to young people and the poor. Recognize the global reach of the lay Salesian mission and commit to a lifelong journey of living Don Bosco's dream in new and creative ways.

The Salesian Mission: Educating and Evangelizing for a Better World

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Discover the enduring vision that has transformed millions of young lives across the globe!

"The Salesian Mission: Educating and Evangelizing for a Better World" offers an in-depth exploration of the Salesian of Don Bosco (SDB) mission. This course delves into the rich origins of Don Bosco's charism, uncovering the foundational principles and the diverse ways this mission manifests in educating and evangelizing young people—especially the poorest and most abandoned—in over 130 countries today.

You'll gain a comprehensive understanding of how Don Bosco's unique blend of education and evangelization continues to build a better world, one young person at a time.

GOALS AND OBJECTIVE

To provide participants with a comprehensive understanding of the Salesian of Don Bosco (SDB) mission, exploring its origins in Don Bosco's charism, its foundational principles, and its diverse manifestations in educating and evangelizing young people, especially the poorest and most abandoned, across the globe today.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay faithful interested in Salesian spirituality and mission (e.g., Salesian Cooperators, Past Pupils, Don Bosco Volunteers, parents, educators, youth workers), Salesian religious who wish to deepen their understanding of lay collaboration, and anyone interested in a practical and joyful spirituality for daily life.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

The Genesis of the Mission: Don Bosco's Foundational Vision: Explore the historical and social conditions that shaped Don Bosco's unique response to marginalized youth in 19th-century Turin. Discover the **Oratory of Valdocco** as the "laboratory" where his vision of a "home, school, church, and playground" first took shape, revealing the inseparable nature of education and evangelization in his original mission.

The Mission Defined: The Preventive System and the Salesian Charism: Delve into the core methodology that defines the Salesian mission: the **Preventive System (Reason, Religion, Loving-Kindness)**. Understand how this approach underpins all Salesian educational and evangelizing efforts and appreciate the vital role of the Salesian community transmitting this charism, guided by **Mary Help of Christians**.

The Mission in the World Today: Global Reach and Contemporary Challenges: Examine the vast global scope and diversity of the Salesian mission, from schools and vocational centers to social programs and parishes. Analyze how the Salesian mission adapts creatively to contemporary challenges faced by young people worldwide (e.g., digital poverty, migration, conflict) while remaining faithful to Don Bosco's prophetic vision.

Salesian Preventive Youth Ministry: Building a Home, School, Church, and Playground for Young People

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Discover a transformative approach to accompanying young people on their journey of faith and life!

"Salesian Preventive Youth Ministry" offers a comprehensive exploration of Saint John Bosco's revolutionary educational and pastoral method. This course will equip you with a deep understanding and practical tools to implement the **Salesian Preventive System**, a holistic approach centered on **Reason, Religion, and Loving-Kindness (Amorevolezza)**. You'll learn how these principles create dynamic environments where young people are empowered to grow as "good Christians and honest citizens," fostering their intellectual, emotional, social, and spiritual well-being.

Moving beyond mere programs, this course invites you to embrace Don Bosco's vision of creating a true **"Oratory model" – a Home that welcomes, a School that prepares for life, a Church that evangelizes, and a Playground where joy and friendship flourish.**

GOALS AND OBJECTIVE

To provide participants with a comprehensive understanding and practical tools for implementing Salesian Preventive Youth Ministry. The course will explore how the principles of Reason, Religion, and Loving-Kindness create holistic environments where young people can grow as "good Christians and honest citizens."

TARGET AUDIENCE

Youth ministers, catechists, educators, animators, volunteers, parents, and anyone involved in the spiritual and human formation of young people within a faith-based context.

Key Themes You Will Explore:

Laying the Foundation: The Spirit of Valdocco and the Preventive System: Delve into Don Bosco's historical context and his initial response to the needs of marginalized youth. Understand the "Oratory model" (Home, School, Church, Playground) as the blueprint for holistic youth formation and the overarching goal of forming "good Christians and honest citizens."

The Methodology: Living the Preventive System in Youth Ministry: Deep dive into the core principles of **Reason** (clear rules, dialogue, trust), **Religion** (fostering a genuine relationship with God through sacraments, prayer, and catechesis), and **Loving-Kindness** (active presence, authentic affection, and personalized accompaniment).

The Salesian Youth Minister: Role, Challenges, and Global Impact: Explore the multifaceted role of the Salesian animator as parent, brother/sister, friend, and guide. Analyze contemporary challenges in youth ministry (e.g., the digital world, diverse contexts, social issues) and discover how the Preventive System adapts to new realities, recognizing its global reach and transformative potential.

Forming Salesian Apostles: Igniting a Passion for Youth in the Spirit of Don Bosco

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Are you called to make a profound difference in the lives of young people, especially those most in need? Do you seek to deepen your personal faith and equip yourself to be a dynamic force for good in the spirit of Saint John Bosco?

"Forming Salesian Apostles" is a comprehensive course designed to ignite and cultivate your passion for youth ministry and formation. This program delves into the heart of Don Bosco's Salesian charism, providing a practical framework for individuals called to serve as authentic "Salesian apostles." You will not only gain a deep understanding of the **Salesian Preventive System**—rooted in **Reason, Religion, and Loving-Kindness (Amorevolezza)**—but also discover how to personally embody these principles and effectively transmit them to others.

This course is an invitation to personal growth, ethical leadership, and a lifelong commitment to evangelizing and educating young people, empowering them to become "good Christians and honest citizens."

GOALS AND OBJECTIVE

To equip participants with a comprehensive understanding and practical framework for forming individuals as Salesian apostles, emphasizing their personal growth in the Salesian charism, their ability to live and transmit the Preventive System, and their commitment to evangelize and educate young people, especially the most in need.

TARGET AUDIENCE

Formators, religious superiors, youth ministry coordinators, educators, lay leaders, and anyone involved in the spiritual and practical formation of individuals called to serve in Salesian or similar youth-focused ministries.

Key Themes You Will Explore:

The Foundations of an Apostle: Receiving and Embracing the Charism: Understand the call to be a "Salesian Apostle," a witness deeply steeped in Don Bosco's spirit. Explore how the Preventive System shapes the apostle's intellect through **Reason** (critical thinking, continuous learning) and cultivates their heart through **Loving-Kindness** (empathy, authentic presence, building family spirit).

Living the Apostolic Call: Spirituality, Mission, and Community: Delve into the spiritual journey of an apostle, nourished by **Religion** (personal faith, sacraments, Marian devotion). Learn practical approaches to evangelization and catechesis from a preventive perspective, and appreciate the vital role of community and collaboration in Salesian apostolic work.

Sustaining the Apostle: Discernment, Challenges, and Lifelong Commitment: Address the ongoing formation and vocational discernment crucial for apostles. Analyze contemporary challenges in diverse contexts and explore strategies for resilience, self-care, and continuous growth. Commit to a lifelong journey of service, adapting the Salesian spirit to new needs and frontiers.

The Art of Salesian Accompaniment: Walking Alongside with Reason, Faith, and Love

Hours per week: 9 horas

Three weeks Course COURSE DESCRIPTION

Do you guide, mentor, or support others in their journey of growth? Are you seeking to build deeper, more authentic relationships that truly empower individuals to flourish?

"The Art of Salesian Accompaniment" is a profound and practical course designed to equip you with the skills and spirit of Don Bosco's unique approach to guidance. This program delves into the **Salesian Preventive System**—rooted in **Reason, Religion (Faith/Values), and Loving-Kindness (Amorevolezza)**—as the foundational framework for effective accompaniment. You will learn how to "walk alongside" those you guide, fostering their holistic growth, encouraging personal discernment, and building relationships based on trust, empathy, and a shared pursuit of purpose.

This course is for anyone in a supportive role, seeking to transform their interactions into opportunities for profound personal, spiritual, and professional development.

GOALS AND OBJECTIVE

To equip participants with a deep understanding and practical skills for Salesian accompaniment, applying the principles of the Preventive System to foster holistic growth, encourage personal discernment, and build authentic relationships with those they accompany.

TARGET AUDIENCE

Spiritual directors, mentors, youth ministers, educators, counselors, parents, coaches, and anyone in a role that involves guiding and supporting others in their personal, spiritual, or professional development.

Key Themes You Will Explore:

Foundations of Salesian Accompaniment: Presence and Purpose: Define accompaniment from a Salesian perspective, understanding Don Bosco's personal approach to guiding individuals. Discover the critical role of "presence" (*assistenza*) as the starting point for effective accompaniment and how **Reason** and **Loving-Kindness** form the basis of the accompanier's approach.

Deepening Accompaniment: Religion, Discernment, and Growth: Explore the spiritual dimensions of Salesian accompaniment, focusing on how **Religion** fosters personal faith, guides discernment, and empowers individuals to own their growth. Learn practical approaches to supporting others in prayer, sacramental life, and ethical decision-making.

The Art of Accompaniment: Contexts, Adaptations, and Transformative Impact: Analyze the application of Salesian accompaniment in diverse settings—from formal education and ministry to family life and professional coaching. Discuss how this approach adapts to contemporary challenges (e.g., digital natives, diverse cultures, trauma) while maintaining ethical considerations and recognizing the profound, reciprocal transformation it offers.

The Salesian Preventive System: A Pathway to Holistic Youth Development

Hours per week: 9 horas

Three weeks Course COURSE DESCRIPTION

Unlock the timeless wisdom of Saint John Bosco and discover a powerful, human-centered approach to fostering genuine growth in young people.

This immersive one-week course, "The Salesian Preventive System: A Pathway to Holistic Youth Development," offers a comprehensive exploration of Don Bosco's revolutionary educational and pastoral methodology. Far from a mere set of rules, the Preventive System is a vibrant philosophy rooted in **Reason, Religion, and Loving-Kindness (Amorevolezza)**, designed to proactively nurture the full potential of every young person.

You will delve into the historical context that shaped Don Bosco's vision, understanding how his unique response to 19th-century societal challenges laid the groundwork for a universally applicable framework. Through engaging sessions and practical applications, we'll unpack each pillar of the System, examining how it fosters critical thinking, spiritual depth, and authentic relationships.

GOALS AND OBJECTIVE

To provide participants with a comprehensive understanding of Don Bosco's Preventive System, exploring its theoretical foundations, practical applications in educational and pastoral settings, and its enduring relevance as a holistic approach to youth development in various contemporary contexts.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charisma.
Any faithful interested in Salesian spirituality and mission (e.g., Salesian Cooperators, Past Pupils, Don Bosco Volunteers, parents, educators, youth workers).
Anyone interested in a practical and joyful spirituality for daily life as educators and pastors.
Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

Foundations of Prevention: Discover the historical necessity and core principles of the Preventive System, understanding its radical departure from punitive approaches.

The Pillars Unpacked: Gain a deep understanding of **Reason** (clarity, logic, dialogue), **Religion** (spiritual growth, moral formation), and **Loving-Kindness** (active presence, perceived affection, family spirit) as integrated forces for good.

Living the System: Explore the role of the educator as a "parent, brother, and friend," and learn how the "Oratory environment" (home, school, church, playground) creates optimal conditions for growth.

Spirituality in Action: Connect the Preventive System to key Salesian spiritual practices like joy, optimism, and productive work, seeing how they enhance well-being and development.

Contemporary Relevance & Global Impact: Analyze how Don Bosco's vision adapts to address modern challenges—from digital well-being to multicultural integration—and continues to shape vibrant educational and pastoral initiatives worldwide.

Salesian Preventive Leadership: Nurturing Growth, Fostering Trust, and Inspiring Service

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Unlock the timeless wisdom of Saint John Bosco and discover a powerful, human-centered approach to fostering genuine growth in young people.

Discover a transformative leadership rooted in compassion, charity, and genuine relationship, designed to unlock potential and inspire joyful service.

This intensive three-weeks course, "Salesian Preventive Leadership: Nurturing Growth, Fostering Trust, and Inspiring Service," offers a profound exploration of Don Bosco's unique approach to leadership. Moving beyond traditional models of authority, you'll learn to lead with the heart of an educator-pastor—one who empowers, guides, and inspires growth from within.

We will delve into the foundational principles of the Salesian Preventive System—**Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—and equip you with practical strategies to apply these timeless insights in any leadership context. Whether you guide a team, manage a project, educate young people, or animate a community, this course will transform your approach to fostering thriving environments, building unwavering trust, and cultivating a profound spirit of service in those you lead.

GOALS AND OBJECTIVE

To equip participants with a comprehensive understanding of Salesian Preventive Leadership, enabling them to apply its principles of Reason, Religion, and Loving-Kindness to create thriving, growth-oriented environments, build strong relationships, and inspire active participation and service in those they lead.

TARGET AUDIENCE

Leaders, aspiring leaders, educators, youth workers, and anyone involved in animating groups, communities, or organizations with a focus on holistic human development, particularly within a Salesian or similar values-based context.

Key Themes You Will Explore:

Redefining Leadership: Shift from a command-and-control mindset to the empowering role of an "animator" who inspires participation and draws out the best in others.

The Leadership of Reason: Master clarity in communication, consistency in decision-making, and cultivate a culture of dialogue and collaborative problem-solving.

The Leadership of Loving-Kindness (Amorevolezza): Learn to build authentic rapport, foster deep trust through genuine presence (assistenza), and create a nurturing "family spirit" in any group.

The Leadership of Religion (Values): Discover how leading with moral integrity, a clear sense of shared purpose, and a commitment to ethical principles builds profound credibility and inspires collective action.

Building Community & Shared Responsibility: Explore how Preventive Leadership fosters cohesive environments, prioritizes continuous formation, and empowers individuals to take ownership of their growth and contributions.

Adapting to Modern Challenges: Analyze how Salesian Preventive Leadership applies to diverse teams, remote work, digital interactions, and crisis management, offering resilient solutions for today's complex world.

Human Management through the Preventive System: Building Thriving Cultures of Trust and Growth

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Are you ready to transform your workplace into a truly humane, highly engaged, and exceptionally productive environment? Do you believe that organizational success is rooted in the well-being and growth of every individual?

"Human Management through the Preventive System" offers a groundbreaking approach to leadership and organizational development. This course draws upon Don Bosco's timeless **Salesian Preventive System**—built on **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—to equip participants with a distinctive framework for fostering thriving organizational cultures. You'll explore how these principles can proactively cultivate

trust, enhance employee engagement, ensure collective success, and promote a genuinely humane work environment.

Move beyond conventional HR practices and discover how to lead with a heart for your people, building a legacy of growth, well-being, and ethical excellence.

GOALS AND OBJECTIVE

To equip participants with a distinctive approach to human management, drawing upon Don Bosco's Salesian Preventive System. This course will explore how the principles of Reason, Religion (Values), and Loving-Kindness can foster a positive, productive, and humane organizational culture, promoting employee well-being, engagement, and collective success.

TARGET AUDIENCE

This course is for **anyone interested in understanding the foundational spirit and enduring legacy of Saint John Bosco**. This includes:

Salesian Religious (SDB, FMA, etc.) and Candidates in Formation: Deepen your understanding of your vocational call and charism.

Lay Salesian Family Members: Explore your connection to Don Bosco's mission, including **Salesian Cooperators, Don Bosco Volunteers, Past Pupils, and other associated groups**.

Youth Ministers, Catechists, and Educators: Gain insights into a proven pedagogical and pastoral approach for working with young people.

Pastoral Workers and Volunteers: Enhance your ministry by learning from a rich spiritual and educational tradition.

Parents and Grandparents: Discover principles for raising children in a spirit of love, reason, and faith, inspired by Don Bosco's family spirit.

HR professionals, managers, team leaders, executives, organizational development specialists, educators, and anyone interested in fostering a more ethical, caring, and effective work environment.

Anyone drawn to Don Bosco's spirituality: Whether you're familiar with the Salesian tradition or new to it, this course offers a comprehensive exploration of its origins and relevance.

Key Themes You Will Explore:

The Foundational Ethos: Reimagining the Human-Centered Workplace: Shift from a "human resources" mentality to a "human person" mentality. Understand how Don Bosco's proactive, "preventive" approach can foster environments of trust and belonging, rather than merely reacting to issues.

Operationalizing Prevention: Culture, Formation, and Engagement: Discover how to build a values-driven organizational culture, prioritizing holistic employee formation and continuous growth. Explore strategies for boosting engagement, fostering psychological safety, and empowering shared responsibility.

Leadership in Action: Adapting to Challenges and Sustaining the Preventive Culture: Learn to navigate contemporary HR challenges—like conflict resolution, performance management, and change—through a preventive lens. Develop strategies for leading diverse teams and sustaining a humane, thriving culture for long-term organizational success.

Building Fraternal Foundations: Team Formation for Salesian Initial Formation (A Preventive Approach)

Hours per week: 9 horas

Three weeks Course

COURSE DESCRIPTION

Are you involved in the formation of future Salesian religious or lay leaders? Do you want to cultivate vibrant, resilient, and deeply fraternal communities that truly embody Don Bosco's spirit?

"Building Fraternal Foundations" offers a comprehensive framework for fostering collaborative and supportive teams within Salesian initial formation. This course delves into how Don Bosco's **Salesian Preventive System**—rooted in **Reason, Religion, and Loving-Kindness (Amorevolezza)**—serves as the blueprint for developing strong fraternal relationships, promoting open communication, encouraging shared responsibility, and nurturing profound vocational growth among formandi.

You'll discover how to create formation environments that are not just places of study and discipline, but true "homes" where future Salesian apostles can thrive, supporting one another on their shared journey towards consecrated life and mission.

GOALS AND OBJECTIVE

To provide participants with a comprehensive framework for forming vibrant, collaborative teams within the context of Salesian initial formation. This course will explore how the Preventive System (Reason, Religion, Loving-Kindness) underpins the development of fraternal relationships, fosters open communication, promotes shared responsibility, and nurtures vocational growth among formandi.

TARGET AUDIENCE

Salesian formators (rectors, master of novices, directors of studies), formandi themselves (post-novices, specific formation groups), Provincial Councils, and others involved in accompanying vocations to Salesian consecrated life.

Key Themes You Will Explore:

Laying the Groundwork: The Vocation to Community and Trust: Explore the theological and charismatic foundations for Salesian community life. Understand how **Loving-Kindness (Amorevolezza)** fosters the essential trust and psychological safety needed for authentic fraternal growth, drawing insights from Don Bosco's early communities.

Nurturing Growth: Formation Processes, Conflict, and Shared Values: Discover how **Religion** guides spiritual formation and vocational discernment within the team, grounding it in prayer and sacraments. Learn practical strategies for promoting **Reason** in communication and constructive conflict resolution, empowering formandi to take ownership of their formation journey.

Sustaining the Apostolic Team: Challenges, Adaptations, and Lifelong Journey: Analyze contemporary challenges to team formation in diverse Salesian contexts. Explore strategies for fostering resilience, self-care, and ongoing formation within teams, committing to a lifelong journey of building and being part of Salesian apostolic communities.

The Virtual Preventive Classroom: Fostering Connection and Growth in Digital Learning Spaces

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Are you a vocational student ready to transform your skills into a meaningful career and a fulfilling life? Want to excel in your trade while building strong relationships and finding true purpose in your work?

This intensive one-week course, "Crafting Your Calling: A Preventive Approach to Your Vocational & Life Project," offers a practical and powerful framework for vocational students. Inspired by Saint John Bosco's visionary **Salesian Preventive System**—built on **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—this program empowers you to intentionally design a "Project of Life" that integrates your professional aspirations with your personal well-being and ethical contributions.

You'll discover how to apply Don Bosco's principles to master your craft with precision, make responsible career decisions, cultivate supportive professional relationships, and find deep satisfaction in your chosen field. This course is designed to help you move beyond just acquiring skills to truly embracing your calling and making a positive impact in your industry and community.

GOALS AND OBJECTIVE

To empower vocational students to intentionally design a meaningful "Project of Life" by applying Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness). This course will foster self-awareness, responsible professional and personal decision-making, ethical work practices, and the cultivation of supportive relationships for holistic well-being and a positive contribution to their chosen industry and community.

TARGET AUDIENCE

Students enrolled in vocational training programs (e.g., trades, technical schools, culinary arts, healthcare support, automotive, construction, IT support, etc.).

Key Themes You Will Explore:

Beyond the Bench: Understand your "Project of Life" as an integrated journey that blends vocational excellence with holistic personal development. Learn to apply a proactive, "preventive" mindset to your training and career path.

Precision, Problem-Solving, and Professional Decisions (Reason): Cultivate critical thinking, apply logical steps to your craft, and make well-informed career choices. Learn tools for troubleshooting, efficiency, and ensuring quality work.

Building Professional Relationships & Teamwork (Loving-Kindness): Discover how genuine care, empathy, and active presence foster strong connections with colleagues and clients. Learn strategies for effective communication, teamwork, and building a positive, respectful work environment.

Purpose, Work Ethic, and Ethical Practice (Religion/Values): Identify your core professional and personal values. Explore how to infuse your daily work with meaning, practice integrity, and connect your vocational contributions to a larger impact on society.

Synthesizing Your Calling: Integrate all three pillars to actively shape a dynamic "Vocational & Life Project." You'll create a personalized outline, anticipate common vocational challenges, and develop preventive strategies for continuous learning, purposeful work, and lasting fulfillment.

Designing Your Life: A Preventive Approach to Your Personal Project

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Hey high schoolers! Ever wonder how to truly take charge of your life, beyond just going with the flow? Want to build a future that's not just successful, but deeply meaningful and joyful?

This exciting one-week course, "Designing Your Life: A Preventive Approach to Your Personal Project," introduces you to a powerful and proven framework for self-discovery and intentional living. Inspired by Saint John Bosco's revolutionary **Salesian Preventive System**—built on **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—you'll learn how to proactively shape your own "Project of Life."

You'll gain practical tools to understand yourself better, make smart choices, build strong relationships, and connect your actions to what truly matters. This course isn't just about planning your future; it's about giving you the roadmap to personal well-being, responsible choices, and making a positive contribution to the world, starting now.

GOALS AND OBJECTIVE

To introduce high school students to Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness) as a practical framework for self-knowledge, discernment, and building a meaningful "Project of Life" that fosters personal well-being, responsible choices, and a positive contribution to the world.

TARGET AUDIENCE

High School Students (Grades 9-12), ideally adaptable for different grade levels within that range.

Key Themes You Will Explore:

What's Your Story? Define your "Project of Life" as your evolving personal blueprint. Discover how a proactive, "preventive" mindset can guide you toward a life of purpose, rather than just reacting to circumstances.

Making Smart Choices (Reason): Learn to think critically, understand consequences, and make informed decisions about your academic, social, and personal paths. You'll gain practical tools to identify your strengths and set realistic goals.

Building Strong Relationships (Loving-Kindness): Discover how genuine care, empathy, and positive presence can help you cultivate healthy friendships, family connections, and a supportive community that boosts your well-being and prevents isolation.

Discovering Purpose & Living Your Beliefs (Religion/Values): Explore your core personal values and how they can guide your choices. Learn to connect your actions to something bigger than yourself, whether through faith, service, or pursuing your passions.

Synthesizing Your Project: Integrate all three pillars to actively shape your personal "Project of Life." You'll create a personalized outline, anticipate common high school challenges, and develop preventive strategies for ongoing growth, joy, and impact.

Crafting Your Purpose: A Preventive System Approach to Your College & Life Project

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Are you a college student eager to navigate your unique journey with clarity, purpose, and genuine well-being? Do you want to move beyond simply reacting to life to actively designing a future that truly fulfills you?

This intensive one-week course, "Crafting Your Purpose: A Preventive System Approach to Your College & Life Project," offers a powerful and human-centered framework for navigating your college years and beyond. Inspired by Saint John Bosco's **Salesian Preventive System**—rooted in **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—this program empowers you to intentionally shape a meaningful "Project of Life."

You'll discover how to foster deep self-awareness, make responsible and ethical decisions about your academic and career paths, cultivate supportive communities, and enhance your holistic well-being. This course is designed to help you move from default paths to a life truly designed by you, contributing positively to the world while living with purpose and joy.

GOALS AND OBJECTIVE

To empower college students to actively design a meaningful "Project of Life" by applying Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness). This course will foster self-awareness, responsible decision-making, ethical leadership, and the cultivation of supportive communities for holistic well-being and a positive impact on the world.

TARGET AUDIENCE

Undergraduate college students at any stage (first year to senior). This course is highly adaptable for various academic disciplines or student life programs.

Key Themes You Will Explore:

Navigating Your Odyssey: Understand your "Project of Life" as a dynamic, evolving blueprint for meaningful existence, and learn to apply a proactive, "preventive" mindset to your choices.

Strategic Decision-Making (Reason): Cultivate self-awareness, critically evaluate opportunities, and apply logical frameworks to make well-informed decisions about academics, career, and personal paths, setting realistic and meaningful goals.

Cultivating Authentic Relationships (Loving-Kindness): Learn to build and nurture a strong network of supportive relationships, foster belonging, and create a psychologically safe and empathetic environment in college and beyond, reducing isolation and enhancing well-being.

Discovering Purpose & Ethics (Religion/Values): Identify and articulate your core personal values and beliefs, connecting your academic pursuits and career aspirations to a larger purpose, and building resilience through integrity and meaning.

Synthesizing Your Project: Integrate all three pillars to actively shape a dynamic "Project of Life." You'll develop a personalized outline, anticipate common college challenges, strategize preventive solutions, and commit to a lifelong journey of self-discovery and positive contribution.

The Preventive Classroom: Nurturing Growth and Engagement through Don Bosco's System

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform your classroom into a dynamic, joyful space where every student feels valued, engaged, and empowered to thrive!

This intensive one-week course, "The Preventive Classroom: Nurturing Growth and Engagement through Don Bosco's System," offers educators a revolutionary approach to classroom management and student development. Moving

beyond traditional disciplinary models, you will discover the power of Saint John Bosco's **Salesian Preventive System**, built on the foundational pillars of **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**.

You will learn how to proactively create a classroom environment that fosters genuine connection, clear expectations, and a sense of purpose, preventing issues before they arise and cultivating a culture of positive behavior, deep motivation, and academic success. This course will equip you with practical, actionable strategies that empower students to become "good Christians and honest citizens"—individuals who are well-rounded, responsible, and contribute meaningfully to the world.

GOALS AND OBJECTIVE

To introduce educators to the core principles of Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness) and equip them with practical strategies to create a positive, engaging, and growth-oriented classroom environment that fosters student well-being, motivation, and academic success.

TARGET AUDIENCE

K-12 Teachers, Teaching Assistants, School Administrators, Counselors, and anyone involved in the direct educational formation of students in a classroom setting.

Key Themes You Will Explore:

Beyond Discipline: Shift from a reactive, "repressive" mindset to a proactive, "preventive" approach, focusing on creating conditions where students naturally flourish.

The Power of Reason: Learn to establish clear expectations, consistent routines, and foster rational dialogue, building trust and reducing anxiety in the classroom.

The Heart of Loving-Kindness (Amorevolezza): Discover how genuine presence and perceived affection create strong relationships, a "family spirit," and a positive emotional climate that boosts engagement.

Infusing Purpose (Religion/Values): Explore how to integrate shared values, ethical reflection, and a sense of meaning into your lessons, connecting learning to a larger purpose and fostering character development.

Creating a Holistic Environment: Synthesize all three pillars to design a "Preventive Classroom Culture" that mirrors Don Bosco's integrated "Oratory Model" (home, school, church, playground), fostering comprehensive student well-being and success.

The Preventive Home: Nurturing Family Life with Don Bosco's System of Love

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform your home into a vibrant sanctuary of love, growth, and purpose, inspired by the timeless wisdom of Saint John Bosco!

This intensive one-week course, "The Preventive Home: Nurturing Family Life with Don Bosco's System of Love," offers a revolutionary approach to family dynamics. Designed for parents, guardians, and all family members, it draws upon Don Bosco's foundational **Salesian Preventive System**—rooted in **Reason, Religion (Values/Faith), and Loving-Kindness (Amorevolezza)**—to build a more harmonious, joyful, and purposeful home environment.

You will learn to move beyond reactive discipline to proactively cultivate a culture of strong bonds, clear expectations, and shared values. This course equips you with practical strategies to prevent common family challenges, foster responsible behavior, and promote the holistic growth of every individual within your household. Discover how to create a home that truly welcomes, nurtures, and inspires, embodying Don Bosco's vision of the Oratory as a loving family.

GOALS AND OBJECTIVE

To equip parents, guardians, and family members with the core principles of Don Bosco's Salesian Preventive System (Reason, Religion/Values/Faith, Loving-Kindness) and provide practical strategies for creating a supportive, joyful, and morally enriching home environment that fosters strong family bonds, responsible behavior, and holistic growth for all its members.

TARGET AUDIENCE

Parents, Grandparents, Guardians, Aunts/Uncles, Older Siblings involved in caregiving, and anyone interested in building a more harmonious and purposeful family life.

Key Themes You Will Explore:

The Home as an Oratory: Shift from a reactive, disciplinary mindset to a proactive, nurturing approach, recognizing your home as the primary environment for holistic formation.

Clarity, Consistency, and Dialogue (Reason): Learn to establish clear expectations, consistent routines, and open communication, reducing conflict and fostering responsibility and a sense of fairness within the family.

The Heart of the Family (Loving-Kindness/Amorevolezza): Discover how genuine presence, active listening, and perceived affection build authentic relationships, a strong sense of belonging, and a warm, emotionally safe home atmosphere.

Purpose, Ethics, and Spiritual Growth (Religion/Values/Faith): Explore how to infuse your home with meaning, cultivate shared family values, and foster moral integrity and spiritual development, connecting daily life to a larger purpose.

Creating the Thriving Preventive Home: Synthesize all three pillars to develop a cohesive, positive, and growth-oriented family environment. You'll create a personal action plan to implement these principles, anticipating challenges and building a more loving and purposeful family life.

The Preventive Parish Celebration: Fostering Joyful Encounter and Deeper Participation

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Ignite your parish celebrations with a renewed spirit of welcome, engagement, and profound spiritual encounter!

This intensive one-week course, "The Preventive Parish Celebration: Fostering Joyful Encounter and Deeper Participation," is designed for anyone involved in the vibrant life of the parish – from priests and liturgical ministers to catechists, ushers, and dedicated volunteers. Drawing inspiration from Saint John Bosco's foundational **Salesian Preventive System**—built upon **Reason, Religion, and Loving-Kindness (Amorevolezza)**—you will discover a transformative approach to creating liturgical and communal gatherings that are not only well-ordered but also deeply welcoming, engaging, and spiritually enriching for all, especially families and young people.

You'll learn to move beyond merely performing rituals to proactively fostering environments where every participant feels seen, valued, and genuinely connected to God and the community. This course will equip you with practical strategies to prevent disengagement, confusion, and feelings of alienation, cultivating celebrations that truly animate faith and inspire deeper participation.

GOALS AND OBJECTIVE

To equip priests, liturgical ministers, ushers, catechists, youth ministers, and volunteers with the core principles of Don Bosco's Salesian Preventive System (Reason, Religion, Loving-Kindness) and provide practical strategies for creating liturgical and communal celebrations that are welcoming, well-ordered, deeply engaging, and spiritually enriching for all, particularly for families and young people.

TARGET AUDIENCE

Priests, Deacons, Liturgical Coordinators, Sacristans, Lectors, Eucharistic Ministers, Ushers, Greeters, Catechists, Youth Ministers, Choir Members, Children's Liturgy Volunteers, and Parish Staff involved in planning or facilitating parish celebrations.

Key Themes You Will Explore:

The Spirit of Encounter: Shift from a "repressive" (cold, rigid) to a "preventive" (welcoming, engaging) approach, recognizing the holistic experience of participants and proactively fostering genuine connection.

Clarity, Order, and Intentional Communication (Reason): Learn strategies for ensuring liturgical rites are clear, parish customs are well-explained, and practical information is communicated effectively, fostering informed and focused participation.

The Warmth of Parish Welcome (Loving-Kindness): Discover techniques for building genuine rapport and perceived affection with parishioners and visitors, creating a tangible "family spirit" where everyone feels safe, valued, and a true sense of belonging.

Experiencing God's Grace (Religion): Explore practical methods for enhancing the spiritual depth of celebrations, actively engaging participants in prayer and sacramental life, and fostering a lasting, living relationship with God.

The Living Preventive Parish Celebration: Synthesize all three pillars to create cohesive, spiritually rich, and transformative parish celebrations. You'll develop a personal action plan to implement these principles, anticipating challenges and building a more vibrant and engaging parish life.

The Preventive Playground: Fostering Joy, Safety, and Growth in Recreational Spaces

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform recreational spaces into vibrant hubs of joy, safety, and profound personal growth for young people.

This intensive one-week course, "The Preventive Playground: Fostering Joy, Safety, and Growth in Recreational Spaces," is designed for anyone who animates, supervises, or organizes informal activities for children and young people. Drawing inspiration from Saint John Bosco's revolutionary **Salesian Preventive System**, rooted in **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**, you'll discover a dynamic approach to creating environments where young people not only have fun, but also truly thrive.

You'll move beyond mere supervision to become a proactive "animator," learning how to anticipate needs, build genuine relationships, and cultivate a positive atmosphere that prevents challenges before they arise. This course will equip you with practical strategies to foster well-being, healthy social dynamics, and joyful participation in any recreational setting.

GOALS AND OBJECTIVE

To equip animators, youth workers, coaches, and volunteers with the core principles of Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness) and provide practical strategies for creating positive, engaging, and developmentally supportive recreational environments that promote well-being, healthy relationships, and joyful participation.

TARGET AUDIENCE

Youth Animators, Recreational Leaders, Coaches (sports, arts, etc.), Playground Supervisors, Camp Counselors, Volunteers in after-school programs, and anyone involved in supervising or organizing informal activities for children and young people.

Key Themes You Will Explore:

Beyond Supervision to Animation: Understand Don Bosco's vision for recreational spaces as vital for holistic development, and embrace the role of an "animator" who actively engages, inspires, and guides young people.

The Power of Reason in Play: Learn to establish clear boundaries, communicate rules with fairness and consistency, and equip young people with the skills for rational problem-solving and conflict resolution, ensuring safety and order.

The Heart of Loving-Kindness (Amorevolezza): Discover how genuine presence, active listening, and perceived affection create a welcoming, emotionally safe environment, fostering a true "family spirit" where every child feels included and valued.

Purpose and Character Through Play (Religion/Values): Explore how to subtly integrate universal values like sportsmanship, teamwork, resilience, and respect into games and activities, connecting recreational experiences to character development and a larger sense of purpose.

Building a Preventive Play Culture: Synthesize all three pillars to create a cohesive, positive, and transformative recreational environment. You'll develop a personal action plan to apply these principles, anticipating challenges and implementing proactive solutions for lasting impact.

The Virtual Preventive Classroom: Fostering Connection and Growth in Digital Learning Spaces

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform your online classroom from a mere content delivery platform into a vibrant, supportive, and deeply engaging learning community!

This immersive one-week course, "The Virtual Preventive Classroom: Fostering Connection and Growth in Digital Learning Spaces," equips educators with a powerful framework for navigating the unique landscape of online learning. Inspired by Saint John Bosco's timeless **Salesian Preventive System**—built upon **Reason, Religion (Values), and Loving-Kindness (Amorevolezza)**—you will learn to proactively design virtual environments that prioritize student well-being, engagement, and holistic academic achievement.

You'll discover how to establish a strong "digital presence," create clear structures, build authentic relationships, and infuse your online lessons with purpose. This course offers practical, adaptable strategies to prevent common challenges in virtual settings, ensuring every student feels connected, understood, and motivated to thrive in their digital learning journey.

GOALS AND OBJECTIVE

To equip educators with the principles of Don Bosco's Salesian Preventive System (Reason, Religion/Values, Loving-Kindness) and provide practical strategies for creating a dynamic, supportive, and effective virtual classroom environment that promotes student engagement, well-being, and academic achievement in online settings.

TARGET AUDIENCE

Online Teachers, Virtual School Administrators, E-Learning Developers, Instructional Designers, and anyone involved in facilitating or managing digital learning experiences for students.

Key Themes You Will Explore:

Reimagining Presence in the Digital Age: Adapt the core philosophy of "presence" and prevention to the virtual context, moving beyond content delivery to foster holistic student development online and create a "virtual Oratory."

Structuring for Success and Clarity (Reason): Learn to design clear, consistent, and logically organized virtual learning environments, reducing ambiguity and empowering student autonomy through effective online communication and predictable structures.

Cultivating Connection and Belonging (Loving-Kindness): Discover practical strategies for building rapport, fostering empathy, and creating a supportive, inclusive, and emotionally positive virtual learning community where every student feels seen and valued.

Infusing Purpose and Meaning (Religion/Values): Explore how to integrate universal values, ethical development, and a sense of purpose into your online lessons, connecting academic content to real-world relevance and inspiring motivation.

The Thriving Virtual Preventive Classroom: Synthesize all three pillars to create a cohesive and transformative online learning environment. You'll develop a personal action plan to implement these principles, anticipating common virtual classroom challenges and strategizing preventive solutions.

The Preventive Office: Cultivating a Thriving Workplace Culture with Salesian Principles

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform your workplace into a hub of productivity, well-being, and genuine connection!

This intensive one-week course, "The Preventive Office: Cultivating a Thriving Workplace Culture with Salesian Principles," offers a groundbreaking approach to building a positive and effective professional environment. Inspired by Saint John Bosco's visionary **Salesian Preventive System**—rooted in **Reason, Shared Values, and Loving-Kindness (Amorevolezza)**—this program empowers managers, leaders, HR professionals, and employees to create a truly human-centered workplace.

You'll discover how to move beyond reactive problem-solving to proactively fostering a culture that prevents common workplace issues like disengagement, conflict, and burnout. This course will equip you with practical strategies to enhance employee well-being, boost engagement, promote ethical conduct, and drive collaborative success, leading to a more humane and productive office for everyone.

GOALS AND OBJECTIVE

To equip managers, team leaders, HR professionals, and employees with the core principles of Don Bosco's Salesian Preventive System (Reason, Shared Values, Loving-Kindness) and provide practical strategies for creating a supportive, productive, and humane office environment that promotes employee well-being, engagement, ethical conduct, and collaborative success.

TARGET AUDIENCE

Managers, Team Leaders, HR Professionals, Project Managers, Office Administrators, Employees interested in workplace culture, and anyone involved in fostering a positive and effective professional environment.

Key Themes You Will Explore:

Beyond Policies to Proactive Well-being: Shift from a reactive, rule-driven mindset to a human-centered approach, understanding how a positive culture prevents problems and fosters flourishing.

Clarity, Consistency, and Transparent Communication (Reason): Learn to establish clear expectations, consistent processes, and open dialogue, building trust and enhancing efficiency in every interaction.

Cultivating Connection and Psychological Safety (Loving-Kindness): Discover how genuine presence, empathy, and active care foster authentic relationships, a "family spirit," and a psychologically safe environment where everyone feels valued and can thrive.

Purpose, Ethics, and Shared Mission (Shared Values): Explore how to integrate core organizational values and ethical conduct into daily work, connecting individual contributions to a larger mission that inspires motivation and prevents disengagement.

Creating the Thriving Preventive Office: Synthesize all three pillars to develop a cohesive, positive, and productive workplace. You'll create a personal action plan to implement these principles, anticipating challenges and building a more human-centered professional environment.

The Preventive Catechesis: Forming Hearts and Minds in Faith through Don Bosco's System

Hours per day: 3 horas

One week Course

COURSE DESCRIPTION

Transform your religious education classroom into a vibrant space where faith truly comes alive.

This immersive one-week course, "The Preventive Catechesis: Forming Hearts and Minds in Faith through Don Bosco's System," invites catechists, religious educators, and faith formation leaders to discover a profound and practical approach to nurturing authentic faith development in young people. Inspired by Saint John Bosco's revolutionary **Preventive System of Reason, Religion, and Loving-Kindness (Amorevolezza)**, this course will equip you with the tools to move beyond rote learning and foster genuine spiritual encounter.

You will explore Don Bosco's holistic vision for youth, understanding how his principles create an environment where minds are engaged, hearts are open, and a lasting relationship with God and the Church can flourish. Learn to cultivate a dynamic, nurturing, and spiritually enriching classroom that empowers young people to embrace their faith with joy and conviction.

GOALS AND OBJECTIVE

To equip catechists, religious educators, and faith formation leaders with the core principles of Don Bosco's Salesian Preventive System (Reason, Religion, Loving-Kindness) and provide practical strategies to create a dynamic, nurturing, and spiritually enriching religious education classroom that fosters genuine faith development, moral growth, and a lasting relationship with God and the Church.

TARGET AUDIENCE

Catechists, Sunday School Teachers, Youth Ministers, Confirmation Coordinators, Children's Liturgy Leaders, and anyone involved in formal or informal religious education settings.

Key Themes You Will Explore:

From Information to Transformation: Shift your approach from merely teaching facts to facilitating a transformative spiritual encounter rooted in Don Bosco's holistic vision for the "whole person."

The Power of Reason in Faith: Learn to present complex faith truths with clarity, encourage genuine inquiry and dialogue, and foster intellectual conviction in your students.

The Heart of Loving-Kindness (Amorevolezza): Discover how to create a deeply welcoming, emotionally safe classroom where students experience God's unconditional love through your genuine presence and care, building a true "family spirit."

Nurturing Spiritual Life (Religion): Equip yourself with practical methods to actively engage students in prayer, Scripture, and the Sacraments, fostering a living relationship with Christ that transcends the classroom.

The Living Preventive Classroom: Synthesize the three pillars to build a cohesive, spiritually rich educational environment, and develop a personalized action plan to apply these principles to your unique setting and address common challenges proactively.